

# See something that needs changed or want to submit an additional resource?

Visit www.sanilacgreatstart.org/resources to let us know and we'll review your request.





# of Content



- 5 Welcome Letter
- 6 Meet Your Team
- 7 Our Programs,Mission & Vision
- 8 211
- 9 Thumb Cares Portal
- 11 Crisis & Support Lines
- 12 Safety & Crisis
- 14 Basic Needs & Financial Assistance
- 17 Transportation & Accessibility
- 18 Parenting & Family Support
- 20 Early Childhood & Preschool
- 22 Education & Literacy
  - 22 Schools
  - **24** Libraries
  - 26 Miscellaneous
- 27 Health & Wellness
  - 27 Hospitals & Clinics
  - 28 Women's Health
  - **29** Counseling Services
  - 32 Dental & Vision
  - **33** Miscellaneous
- Fun, Play, & Community
  Involvement





# to the Sanilac County Family Resource Guide!

This guide is a collaborative effort between local agencies and businesses in Sanilac County, created to support and address the needs of our community. While this guide focuses on Sanilac County resources, some services included may be located outside the county to ensure broader access to helpful support. We hope you find this complimentary resource a valuable tool for connecting with the many programs and services available in our area.

If you know of a program or organization that should be added to this guide or come across information that needs updating, we'd love to hear from you! Additionally, if you'd like to request a printed copy of this guide, feel free to reach out.

Thank you for being a part of our community and helping us keep this resource up-to-date and comprehensive for everyone in Sanilac County.

Warm regards,

Sanilac County Great Start Collaborative Team

Please contact us by phone at (810) 648-2200 or email Julia Gutierrez-Albrecht at jalbrecht@sanilacisd.org.

# Thank you! \_

















Sanilac County community foundation







# Meet Your Team



Julia Gutierrez-Albrecht, MA, IMH-E® Director
810-476-3076
jalbrecht@sanilacisd.org



Rebecca Nielsen Family Liaison 810-476-3233 rnielsen@sanilacisd.org



**Dee Stone**Parents as Teachers Family Educator
810-366-1487
dstone@sanilacisd.org

# **Our Programs**









For additional information on each program, visit SanilacGreatStart.org or scan the QR code.

#### Parents as Teachers



#### parents (35 teachers\* AFFILIATE (2)

The Parents as Teachers Home Visiting program is all about you, your child, and your family. Our Family Support Specialists work with parents to enhance their child's intellectual, language, social, emotional, and physical development from birth to age 5.

Email Dee Stone, Family Support Specialist: dstone@sanilacisd.org

Call 810-366-1487

#### **Family Coalition**



The Family Coalition is a group of parents and caregivers who strive to make Sanilac County a better place to raise a family. They do this by lending their voices to the Great Start Collaborative, serving on committees, and working on projects on their own.

Email rnielsen@sanilacisd.org Call 810-476-3233

#### Talking is Teaching

Encourages parents and caregivers to talk, read, and sing with young children to boost brain development and early learning.

Visit TalkingIsTeaching.org for additional tips & resources.



#### **Preschool Scholarship**

Helps families with the cost of preschool, making early education more accessible. It supports children's school readiness by covering part of the tuition at participating programs.

Email jalbrecht@sanilacisd.org

#### **Play Group Registration**

Where young children and their caregivers come together to play, socialize, and learn in a safe and engaging environment. Activities often include free play, songs, stories, and handson learning experiences that support early childhood development and social skills.

Email Dee Stone, Family Support Specialist: dstone@sanilacisd.org

Call 810-366-3076

# **Our Mission**

The purpose of Great Start is to assure a coordinated system of community resources and supports to help all Sanilac County families provide a great start for their children from ages zero through third grade.

# **Our Vision**

A Great Start to ensure every child in Sanilac County is safe, healthy, and ready to succeed in school and life to become productive members of society.

# 211 IS HERE TO HELP

Just three simple numbers can make a big difference in your life! When you or someone you know is in need just call 211!

GET HELP



Dial 211 on your phone



TEXT
Text your ZIP to TXT 211 (898 211)





CHAT SEARCH
Click Here! Live Chat 24/7 Community Resource Directory

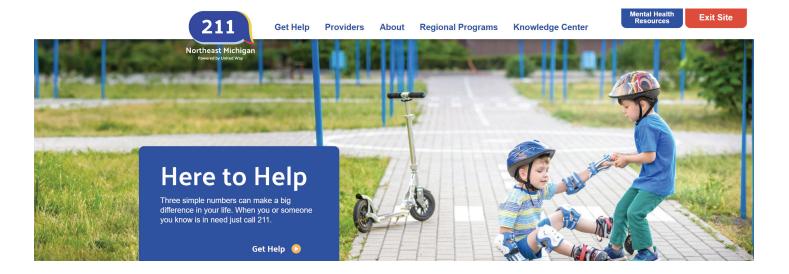
#### Introducing 211: A Comprehensive Resource for Community Services.

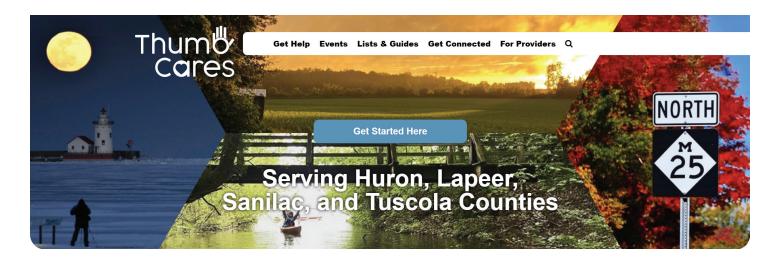
We are excited to inform you that 211 is now a part of our community resource guide! 211 is a free, confidential helpline and online service that connects individuals with a wide range of services in your community, including food, housing, healthcare, and more. It is available 24/7, and always provides the most up-to-date information about resources in your area.

While the community resource guide has been a trusted tool and still contains valuable information, 211 can help you find even more services and ensure that you have the most current and accurate information.

#### How 211 Works:

- Call 211: Dial 211 from your phone to speak with a specialist who can help you find resources and services in your area.
- Text 211: Text your zip code to 898-211 for quick access to resources.
- Online Directory: Visit www.211.org to search a comprehensive online directory of services by category and location.





#### **New:** Thumb Cares Portal

We're also excited to introduce the Thumb Cares Portal, an easy-to-use platform for posting community events, services, and flyers. This portal is designed to help connect people with local activities and programs, making it easier to stay informed about everything happening in our area.

#### **How Thumb Cares Portal Works:**

- Add Your Event/Flyer: Community organizations and individuals can upload flyers for events, classes, resources, and more to the Thumb Cares Calendar.
- View Upcoming Events: Simply visit the Thumb Cares Portal to browse the community calendar and find local events or resources that meet your needs.
- Stay Connected: The portal is regularly updated, so you'll always have access to the latest events, services, and programs in your community.

#### **How to Access Thumb Cares Portal:**

- · Visit the Thumb Cares Portal at www.thumbcares.org to add or view flyers.
- If you need help adding your event or flyer, you can contact the Thumb Cares support team at <a href="mailto:support@thumbcares.org">support@thumbcares.org</a>.



# Crisis & Support Lines

Immediate, confidential help is just a phone call away. These 24/7 hotlines offer support for individuals and families facing urgent or difficult situations.

#### **Boys Town National Hotline**

24/7 crisis support and shelter services for survivors of domestic violence and sexual assault.

Call 800-448-3000 Text VOICE to 20121

# Child & Adult Abuse & Neglect Hotline

Report suspected abuse or neglect of children or vulnerable adults 24/7. Calls are confidential and can be made anonymously.

Call 855-444-3911

#### **National Runaway Safeline**

A 24/7 confidential support line for runaway, homeless, and at-risk youth. Assistance includes crisis intervention, referrals, and support for families.

Call 800-786-2929

# National Suicide & Mental Health Crisis Lifeline

Free, 24/7 confidential support for people in distress, including suicide prevention and emotional support for anyone in crisis.

**Call** 988

#### **Parenting Helpline**

Free, 24-hour crisis support for parents. Offers confidential emotional support, information, and referrals—no name required.

Call 800-942-4357

#### **Poison Control**

Expert help for poisoning emergencies and questions about medications, chemicals, or household products—available 24/7.

Call 800-222-1222

#### **Sanilac County Central Dispatch**

Call 911 for emergencies requiring police, fire, or EMS. For non-urgent matters requiring law enforcement or county services, call the Non-Emergency line.

Emergency: Call or Text 911 Non-Emergency: Call 810-648-2024



# Safety & Crisis

These organizations provide services and support to individuals and families experiencing domestic violence, abuse, housing instability, or other emergency situations.



#### **American Red Cross Disaster Assistance**

Offers emergency shelter, supplies, and support following disasters.

Call 810-232-1401

#### **Car Seat Inspection Information**

Certified technicians offer free car seat inspections to help parents ensure proper installation and usage. These inspections address safety concerns like recalls, fit, and installation to keep children protected based on their age, weight, and height.

Call 888-995-7209

Email info@michiganautolaw.com

Michigan Auto Law

#### **Eva's Place Shelter**

Provides emergency shelter and support services for Sanilac County women and children escaping domestic violence, sexual assault, or homelessness. Limited support also available for men.

PO Box 29 | Sandusky, MI 48471

Call 866-336-7283

Text 810-404-7761

Email evaplace@greatlakes.net

Fva's Place Page

#### L.A.C.A.D.A.

Confidential support for survivors of domestic violence, sexual assault, and stalking in Lapeer County. Services include shelter, advocacy, court accompaniment, and support groups.

PO Box 356 | Lapeer, MI 48446

Call 810-667-4175

Email contact@lacada.org

() LACADA



# Safety & Crisis

#### continued



#### Safe Kids - Greater Thumb & Saginaw Area

A community coalition dedicated to preventing childhood injuries through safety education, outreach events, and partnerships.

2521 Black River Street | Deckerville, MI 48427

Call 989-882-5276

Email mgezequel@yahoo.com

#### Sanilac County Suicide Prevention

Working to raise awareness about suicide prevention through education, risk factor identification, and community support.

227 E. Sanilac Road | Sandusky, MI 48471

Call 810-583-0403

Email kphelps@sanilaccmh.org

😚 Sanilac County Suicide Prevention

#### Sanilac County Victim Services

Provides emotional support and guidance to crime victims during crises, often in coordination with local law enforcement.

60 Sanilac Road #314 | Sandusky, MI 48471

Call 810-648-5463

Email kfranzel@sanilaccountv.net

🕜 Sanilac County Suicide Prevention

#### Sanilac Medical Control Authority

Sanilac Medical Services provides professional training to local emergency responders and offers free monthly CPR, AED, and First Aid classes for the community.

171 N. Dawson Street #238 | Sandusky, MI 48471

Call 810-648-3092

Email llentz@sanilacmca.org

f sanilacmedicalservices



## Basic Needs & Financial Assistance

Find help with food, clothing, housing, utility assistance, and other essentials to support your family's daily well-being. For a full list, visit www.211nemichigan.org/get-help.html.



#### Churches

Many churches provide food and meal assistance; please call your local churches for more information. Sanilac Broadcasting provides a comprehensive list of churches across Sanilac County.

#### **Emergency Food**

There are many food pantries and food distribution resources available. Scan the QR code to get 211's full list.



#### **Thrift Stores**

There are many thrift stores available in the Thumb. Scan the QR code to start your search.

#### Blue Water Free Store and Ministry Center

A ministry of the United Methodist Church offering free clothing and household items to individuals and families in need.

3482 Lapeer Road | Port Huron, MI 48060 Call 810-982-0756

Blue Water Free Store and Ministry Center

#### **Blue Water Habitat for Humanity**

Partners with volunteers and families to build safe, affordable housing across Sanilac and St. Clair counties, helping families achieve stability through homeownership.

3524 Pine Grove Avenue | Port Huron, MI 48060 Call 810-985-9080

#### **Eva's Place Shelter**

Offers emergency shelter and support for women and children in Sanilac County fleeing domestic violence, sexual assault, or homelessness, with referrals for men as needed.

PO Box 29 | Sandusky, MI 48471

Call 866-336-7283

Text 810-404-7761

Email evaplace@greatlakes.net

Feva's Place Page

### Basic Needs & Financial Assistance

#### continued



#### **Human Development Commission**

Provides a range of services including early childhood programs, housing support, senior services, and resources for survivors of domestic violence and sexual assault.

215 N. Elk Street | Sandusky, MI 48471

Call 810-648-4497

Email Iorio@hdc-caro.org

Human Development Commission Community Action Agency

# Michigan Department of Health & Human Services

Connects residents with vital programs including Medicaid, food assistance, childcare support, and protective services.

515 S. Sandusky | Sandusky, MI 48471

Call 810-648-4420

😚 Michigan Department of Health and Human Services

#### Michigan House of Hope

Supports individuals transitioning out of homelessness through housing, job training, addiction recovery, and mental health services.

262 Margaret Street | Sandusky, MI 48471

Call 800-393-4322

Email info@michiganhouseofhope.com

f Michigan House of Hope

#### Sandusky Police Department

Provides short-term hotel assistance for individuals experiencing emergency housing needs within the Sandusky area.

26 W. Speaker Street | Sandusky, MI 48471 Call 810-648-4016

**6** Sandusky MI Police Department

#### Sanilac County Baby Pantry

Offers free clothing and essential items for infants and young children, supporting Sanilac County families in raising healthy and safe kids.

138 Maple Valley Street | Sandusky, MI 48471

Call 810-201-6670

Email BabyPantry@sanilacchild.org

Sanilac County Baby Pantry

# **Basic Needs & Financial Assistance**

#### continued



#### **Sanilac County Veteran Affairs**

Helps veterans and their families access local, state, and federal benefits, offering guidance and support in navigating veteran services.

171 N. Dawson Street #227 | Sandusky, MI 48471 Call 810-648-0212

Email clerk@sanilaccountyva.org

G Sanilac County Veterans Affairs

#### The Salvation Army Port Huron Corps

Delivers emergency aid, including food, shelter, utility assistance, and disaster relief, to individuals and families in St. Clair County.

2000 Court Street | Port Huron, MI 48060 Call 810-984-2679

Email aaron.ortman@usc.salvationarmy.org

**f** The Salvation Army of St. Clair County



# Transportation & Accessibility

Resources that provide accessibility information and affordable transportation for medical appointments, errands, and more.



#### **Disability Network Eastern Michigan**

A Center for Independent Living led by people with disabilities, advocating for inclusion, accessibility, and independence across Eastern Michigan.

4351 24th Avenue #1 | Fort Gratiot, MI 48059 Call 810-987-9337

Email info@DNEMichigan.org

G Disability Network Eastern Michigan

#### Sanilac Transportation

Affordable, accessible transportation services for seniors, people with disabilities, and those with medical needs in Sanilac County. Non-emergency rides available.

110 Campbell Road | Sandusky, MI 48471

Call 810-648-9766

**G** Sanilac Transportation



# Parenting & Family Support

Programs and services designed to support parents and caregivers with guidance, education, and tools to strengthen family life.



#### Adoptions with Love, Inc.

A licensed, nonprofit adoption agency supporting birth parents and adoptive families with caring, confidential services.

Call 800-722-7731

Email info@adoptionswithlove.org

• Adoptions With Love

#### **Grief & Bereavement Support from United Hospice Service**

Free support groups and services for anyone experiencing the loss of a loved one—no hospice enrollment required.

3006 Main Street | Marlette, MI 48453

Call 800-635-7490

#### Lakeshore Legal Aid

Since 1966, Lakeshore Legal Aid has been offering free civil legal assistance to low-income families across Michigan, including legal advice, document preparation, and court representation.

30500 Van Dyke, Suite 106 | Warren, MI 48093 Call 888-783-8190

1 Lakeshore Legal Aid

#### Legacy Adoption Services/Samaritas Child and Family

Offers adoption services to children across Michigan, supporting families through faith-based care and a network of trusted partners.

805 10th Avenue, Suite C | Port Huron, MI 48060 Call 810-479-9932

Email contactlas@lasadoption.org

£ Legacy Adoption Services

#### Michigan Adoption Resource Exchange

Helping children in Michigan's foster care system find permanent, loving families. Visit their website to view waiting children and learn more about adoption.

3840 Packard Street | Ann Arbor, MI 48108

Call 800-589-6273

Michigan Adoption Resource Exchange

# Parenting & Family Support

continued



#### Michigan Alliance for Families

A statewide resource supporting families of children with disabilities, helping improve educational outcomes through information, training, and advocacy.

1325 S Washington Avenue | Lansing, MI 48910

Call 800-552-4821

Email info@michiganallianceforfamilies.org

Michigan Alliance for Families

#### Michigan Works

Provides support and resources for job seekers and families through career services, training, and employment programs.

575 Sanilac Road | Sandusky, MI 48471 Call 810-648-5800

**GSTMIWORKS** 

#### Sanilac County Friend of the Court

A neutral court service helping enforce custody, child support, and parenting time orders, and assisting parents with resolving disputes.

60 Sanilac Road | Sandusky, MI 48471 Call 810-648-4866

#### Sanilac County Prosecuting Attorney

Assists in matters related to child support enforcement and legal concerns involving custody and parenting time.

60 Sanilac Road #314 | Sandusky, MI 48471 Call 810-648-3402



# Early Childhood & Preschool

Discover quality early learning opportunities, preschool programs, and resources to support your child's development from birth to age five.



#### **Build Up Michigan**

Build Up Michigan through Sanilac ISD provides early intervention services, support, and resources for families with children ages 3–5 with developmental delays or disabilities to prepare for school success.

46 N. Jackson Street | Sandusky, MI 48471

Call 810-648-2200 x 4413

Email nespinoza@sanilacisd.org

**6** Build Up Michigan

#### **Children's Special Healthcare Services**

A MDHHS program supporting children and young adults (through age 26) with special health care needs, offered by the Sanilac County Health Department.

171 Dawson Street, Suite 123 | Sandusky, MI 48471 Call 810-648-4098

G Sanilac County Health Department

#### **Early On Michigan**

Provides early intervention services for infants and toddlers from ages 0-3 who have developmental delays or disabilities, helping families access resources to support their child's growth.

175 East Aitken Road | Peck, MI 48466

Call 810-648-2200 Ext. 4127

Email sfoster@sanilacisd.org

Sanilac ISD Special Education Programs & Services / Early On Michigan

#### **Great Start Readiness Program**

GSRP is Michigan's state-funded preschool program for 4-year-olds. The program uses developmentally appropriate practices in a play-based curriculum with the goal of preparing children to successfully enter kindergarten.

46 N. Jackson Street | Sandusky, MI 48471

Call 810-648-2200

Email bhill@sanilacisd.org

#### **Great Start to Quality - Eastern Michigan**

Connects families with quality early learning and childcare options, helping young children build a strong foundation for lifelong success.

1515 Sweet Street | Saginaw, MI 48602

Call 989-399-7457

Email bashi@sisd.cc

Great Start to Quality - Families

# Early Childhood & Preschool

#### continued



#### Maternal Infant Health Program

A home visiting program for pregnant women and new moms on Medicaid, offering education and support through the Sanilac County Health Department.

171 Dawson Street, Suite 123 | Sandusky, MI 48471 Call 810-648-4098 x115

G Sanilac County Health Department

#### **NEMSCA Head Start**

A free preschool program offering educational, health, and family services to children and their caregivers at various Sanilac County locations, including Deckerville, Croswell-Lexington, Marlette, and Sandusky.

Call 810-346-4114

Email fb\_huron@nemcsa.org

NEMCSA Head Start Huron, Lapeer, Sanilac and Tuscola Counties

#### Sanilac County Early Head Start

Supports children from ages 0-3 and their families with early education, nutrition, medical care, and family engagement through the Human Development Commission.

227 N. Elk Street | Sandusky, MI 48471

Call 810-648-4497 x301

• Human Development Commission Community Action Agency

#### WIC (Women, Infants & Children)

WIC is a federally funded supplemental nutrition program that serves low to moderate income pregnant, breastfeeding, and postpartum women, infants, and children up to age 5. The program provides a combination of nutrition education, supplemental foods, breastfeeding promotion and support, and referrals to other health care partners.

171 Dawson Street, Suite 123 | Sandusky, MI 48471 Call 810-648-4098 x118

f Sanilac County Health Department



# **Education & Literacy Schools**

Information and contacts for local school districts, offering K-12 education and support services for students and families.



#### **Bethany Christian School**

A private Christian school offering faith-based education in a supportive and nurturing learning environment.

5421 Shabbona Road | Decker, MI 48426 Call 810-672-9611

#### **Brown City Community Schools**

Provides a quality learning environment focused on helping students become independent, confident learners ready for the future. Home of the Green Devils!

4349 Second Street | Brown City, MI 48416

Call 810-346-4700

Email NKohler@browncityschools.org

**6** Brown City Community Schools

#### Carsonville-Port Sanilac Schools

Serves the Carsonville and Port Sanilac communities with a range of educational programs and student support services. Home of the Tigers! They also have an alternative education program supporting students who benefit from a flexible and personalized path to completing high school credits.

100 N. Goetze Road | Carsonville, MI 48419

Call 810-657-9393 (school)

Call 810-657-9394 (Alternative Education Learning Center)

G Carsonville - Port Sanilac Community Schools

#### **Croswell-Lexington Community Schools**

Provides K–12 education and extracurricular opportunities for the Croswell-Lexington area. Home of the Pioneers! They also have an alternative education program supporting students who benefit from a flexible and personalized path to completing high school credits.

5407 Peck Road | Croswell, MI 48422

Call 810-679-1000

G Croswell-Lexington Community Schools

#### **Deckerville Community Schools**

Offers a supportive learning environment for students in the Deckerville area. Home of the Eagles!

2633 Black River Street | Deckerville, MI 48427 Call 810-376-3615

• Deckerville Community Schools

# **Education & Literacy Schools**

#### continued



#### **Marlette Community Schools**

Dedicated to inspiring learning and personal growth through academics, extracurriculars, and a strong sense of community. Home of the Red Raiders!

6230 Euclid Street | Marlette, MI 48453 Call 989-635-7425

Email kelly.hanna@marletteschools.org

Marlette Community Schools

#### **Our Savior Lutheran School**

A faith-based school offering preschool through grade 6 education with a focus on academic and spiritual growth.

6770 Marlette Road | Marlette, MI 48453

Call 989-635-0115

Email churchoffice@oslmarlette.com

G Our Savior Lutheran Marlette

#### **Peck Community Schools**

Provides education and extracurricular programs for students in the Peck school district. Home of the Pirates!

222 E. Lapeer Street | Peck, MI 48466 Call 810-378-5200

**f** Peck Community Schools

#### Sandusky Community Schools

Fosters student growth through academic achievement, personal responsibility, and community engagement. Home of the Wolves!

191 Pine Tree Lane | Sandusky, MI 48471 Call 810-648-3400

**f** Sandusky Community Schools





# **Education & Literacy Libraries**

Libraries are community hubs offering books, learning programs, technology access, and fun events for all ages.



#### **Brown City District Library**

Offers a wide selection of books, digital resources, free Wi-Fi, public computers, and community events to support lifelong learning and connection.

4222 Main Street | Brown City, MI 48416

Call 810-346-2511

Email info@browncitylibrary.com

Brown City District Library

#### **Deckerville Public Library**

A welcoming local library offering books, resources, and community programming to engage and inspire all ages.

3542 Main Street | Deckerville, MI 48417

Call 810-376-8015

Email deckervillelibrary@gmail.com

1 Deckerville Public Library

#### **Elk Township Libary**

Provides books, resources, and a quiet space to read and learn for residents in and around Peck.

29 E. Lapeer Road | Peck, MI 48466

Call 810-378-5409

G Elk Township Library

#### **Marlette District Library**

Offers a variety of books, digital resources, and services to residents in Marlette and surrounding townships.

3116 Main Street | Marlette, MI 48453

Call 989-635-2838

Email marlettelibrary@yahoo.com

f Marlette District Library

#### **Moore Public Library**

Serves the Lexington community with access to thousands of physical and digital materials, public programs, and learning opportunities.

7239 Huron Avenue | Lexington, MI 48450

Call 810-359-8267

Email lexlibrary@yahoo.com

Moore Public Library, A District Library

# **Education & Literacy Libraries**

#### continued



#### Sandusky District Library

Offers books, media, and programs to support literacy and lifelong learning for readers of all ages.

55 E. Sanilac Road | Sandusky, MI 48471

Call 810-648-2644

Email library@sandusky.lib.mi.us

🕝 Sandusky District Library

#### Sanilac District Library

Serves the Carsonville-Port Sanilac community with access to books, technology, and library programming.

7130 Main Street | Port Sanilac, MI 48469

Call 810-622-8623

Email sanilacdistrictlibrary@yahoo.com

Sanilac District Library

#### Aitkin Memorial District Library

Located in Croswell, this library provides books, audiobooks, events, and other resources to educate and connect the community.

111 N. Howard Avenue | Croswell, MI 48422

Call 810-679-3627

Email m.rheaume@croswell-library.com

f Aitkin Memorial District Library



# **Education & Literacy Misc.**

Additional educational and literacy resources that support lifelong learning, tutoring, adult education, and school readiness.



#### **International Student Exchange**

Matches U.S. families with international exchange students while also offering study abroad programs for American students.

Call 800-766-4656

Email contact@iseusa.org

15 International Student Exchange - ISE

#### **MSU Extension**

Delivers Michigan State University programs in agriculture, youth development, health, and community services directly to the Sanilac area.

171 Dawson Street | Sandusky, MI 48471

Call 810-648-2515

Email msue.sanilac@county.msu.edu

MSU Extension, Sanilac County

#### Sanilac County Career Center

Provides high school and adult learners with hands-on training in skilled trades, health, technology, culinary arts, and more.

175 E. Aitken Road | Peck, MI 48466

Call 810-648-4700

Sanilac Career Center

# Sanilac County ISD Special Education Services

Supports students with special needs through personalized educational programs, therapy services, and inclusive learning opportunities.

46 N. Jackson Street | Sandusky, MI 48471

Call 810-648-4700

G Sanilac ISD Special Education Programs & Services

#### Sanilac Imagination Library

The Sanilac County Community Foundation is proud to partner with The Dollywood Foundation as the local affiliate for Dolly Parton's Imagination Library. Children in Sanilac County, from birth through age five, receive an age-appropriate book mailed directly to their homes each month—completely free of charge.

PO Box 307 | Sandusky, MI 48471

Call 810-648-3634

Email info@sanilacfoundation.org

f Imagination Library - Sanilac County

# Health & Wellness Hospitals & Clinics

Access local medical care, clinics, and hospital services to help keep you and your family healthy and cared for.



#### Aspire Rural Health System -**Deckerville & Marlette**

Deckerville Community Hospital delivers quality care close to home with a focus on rural health needs.

Marlette Regional Hospital serves the region with comprehensive medical services and compassionate care.

Scan the QR code for a full list of clinics and services.

3559 Pine Street | Deckerville, MI 48427

Call 810-376-2835

Email info@aspirerhs.org

f Deckerville Community Hospital

2770 Main Street | Marlette, MI 48453

Call 989-635-4000

Email info@aspirerhs.org

f Marlette Regional Hospital

#### McKenzie Health System

McKenzie's experienced and knowledgeable healthcare professionals are dedicated to providing exceptional care!

Scan the QR code for a full list of clinics and services.

120 Delaware Street | Sandusky, MI 48471 Call 810-648-3770

Email information@mckenziehealth.org

f McKenzie Health System



# Health & Wellness Women's Health

Support for expectant parents and families with childbirth education, breastfeeding support, prenatal care, doula services, and postpartum resources.



#### **Breastfeeding Support**

Sanilac County Health Department provides peer counselor support, classes, support groups, one-to-one appointments, phone support (call or text), and IBCLC services.

171 Dawson Street, Suite 123 | Sandusky, MI 48471

Call 810-648-4098 x 110

After Hours Warm Line 810-705-2573

Email breastfeeding@sanilachealth.com

**6** Sanilac County Health Department

#### **Childbirth Education**

Sanilac County Health Department offers classes to educate you about pregnancy in the last trimester, comfort techniques and pain management for labor and birth, medical procedures you may encounter, postpartum care, newborn care, and more.

171 Dawson Street, Suite 123 | Sandusky, MI 48471

Call or Text 810-705-1321

f Sanilac County Health Department

#### **Doula Providers**

Doulas provide physical, emotional, and informational support before, during, and after birth.

For a current list of available doulas serving Sanilac County, scan the QR code.

#### Marlette Women's Health Clinic

Offers a full range of women's health services to support you through every stage of life and designed to be comprehensive, compassionate, and tailored to your unique needs.

2750 Main Street | Marlette, MI 48453 Call 989-912-6840

#### **Northpointe OBGYN**

A trusted women's health clinic offering full-service obstetrics and gynecology care to individuals and families in the Port Huron area.

1206 Washington Avenue | Port Huron, MI 48060 Call 810-984-3100

# **Health & Wellness Counseling**

Mental health matters—these services offer counseling and emotional support for individuals, families, and children.



# Advantage Counseling & Educational Services

Offering in-person and Telehealth therapy across Michigan with a focus on accessible, flexible mental health care.

81 N. Howard Avenue | Croswell, MI 48422 Call 810-679-0200

Email admin@advantagecounseling.net

• Advantage Counseling and Educational Services, Inc. (ACES)

#### **Countryside Christian Counseling Center**

Faith-based counseling services located in Sandusky, dedicated to helping individuals and families find healing and hope.

912 W. Sanilac Road | Sandusky, MI 48471 Call 810-648-2164

Email office@countrysidefm.org

6 countrysidefmc

#### **Great Lakes Counseling & Wellness Center**

Offering professional counseling services in Sandusky to support emotional wellness and personal growth.

432 Woodland Drive | Sandusky, MI 48471 Call 810-878-5050

Email glcounselingandwellness@gmail.com

Great Lakes Counseling and Wellness Center

#### **Heart of the Thumb Counseling**

Individual counseling and therapy services in Marlette, tailored to support mental and emotional well-being.

3090 Main Street, Suite 4 | Marlette, MI 48453 Call 989-402-3124

#### **Lakeshore Therapy**

Counseling services in Lexington for children, teens, adults, and families, focused on emotional wellness and personal growth.

5730 Main Street | Lexington, MI 48450 Call 810-689-4846

# **Health & Wellness Counseling**

continued



#### **List Psychological Services**

Delivers outpatient mental health and substance abuse counseling with a commitment to compassionate care and strong community connections.

33 W. Sanilac Road | Sandusky, MI 48471 Call 810-667-4500

f List Psychological Services Sandusky

#### Military OneSource Counseling

Free, confidential counseling for service members, veterans, and their families—offering support for stress, relationships, parenting, and more.

Call 800-342-9647

Military OneSource

#### Millie A Paterson PLLC

Licensed counseling services in Sandusky with a focus on individualized mental health support in a private setting.

119 Sanilac Road, Suite 8 | Sandusky, MI 48471 Call or Text 810-689-4760

#### **Professional Counseling Center**

Offers confidential counseling and addiction recovery services in Marlette, supporting emotional wellness and mental health.

2575 S. Van Dyke, Suite 102 | Marlette, MI 48453 Call 810-984-4202

Professional Counseling Center, P.C.

#### **Sanilac County Counseling Services**

Offers accessible mental health counseling to support emotional well-being and resilience for individuals and families in the community.

171 Dawson Street | Sandusky, MI 48471 Call 810-648-4098

# **Health & Wellness Counseling**

#### continued



#### **Thumb Area Counseling Center**

Local mental health services in Sandusky providing professional counseling in a supportive and accessible environment.

119 Sanilac Road #3 | Sandusky, MI 48471 Call 810-648-4303

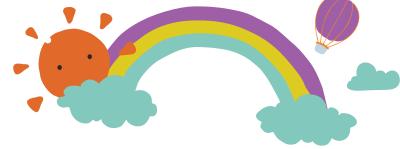
#### **Thumb Area Psychological Services**

Provides compassionate psychological counseling and mental health services for children, teens, and adults in Cass City and surrounding areas.

6627 Rose Street | Cass City, MI 48726 Call 989-872-1800

**f** Thumb Area Psychological Services





# Health & Wellness Dental & Vision

Resources for dental and vision care to support your family's overall health and well-being.



#### **Vision & Eye Care**

Board-certified ophthalmologists offering comprehensive eye exams and treatment with a focus on quality care and vision health.

Scan the QR code to begin your search.

#### **Delta Dental**

One of the nation's leading dental benefits providers, offering coverage to support oral health and preventive dental care.

Scan the QR code to find a location near you.

Call 800-524-0149

#### Lions International: KidSight

A nationwide vision screening initiative helping children get the eye care they need through local Lions Clubs.

G Lions KidSight Vision Screening

# Sanilac County Health Department Vision Program

The goal of the vision program is to identify children with vision problems and assure referral to eye care professionals. Early identification of an eye problem is important to your child's future.

171 Dawson Street, Suite 123 | Sandusky, MI 48471 Call 810-648-4098 x 196

**6** Sanilac County Health Department



Additional health-related services and organizations that promote physical, emotional, and developmental wellness.



#### A Chance to Change

A woman-owned agency providing professional drug and alcohol testing services to individuals, families, and organizations.

14 Lincoln Street | Sandusky, MI 48471

Call 989-286-3700

Email test@achance2change.net

6 A Chance to Change Drug and Alcohol Testing

#### **Alcoholics Anonymous**

Support group for individuals seeking recovery from alcoholism. Meetings are available throughout Sanilac and surrounding counties.

Call 810-366-0324

#### **Anger Management**

Anger Management class can help you learn how to identify and cope with your anger triggers and express your feelings in a healthy and productive way. The class teaches how to improve your relationships and well-being. You will gain self-awareness and control over your emotions. You will learn how to reduce levels of stress and improve your mental health. The course will explain patterns and reasons you experience anger and ways to address it in a healthy way.

171 Dawson Street, Suite 123 | Sandusky, MI 48471 Call 810-648-4098

Sanilac County Health Department

# B.C.U.P.S. - Breast Cancer Prevention Program

The B.C.U.P.S. program financially assists Thumb Area residents with breast cancer prevention, detection, and support.

4675 Hill Street | Cass City, MI 48726

Call 989-912-6275

Email info@aspirerhs.org

Aspire Rural Health System

#### **Blue Water Area Narcotics Anonymous**

A support network for those recovering from drug addiction, offering local meetings, peer encouragement, and resources for lasting sobriety.

Call 877-338-1188

f Narcotics Anonymous World Services

#### continued



#### **Creative Enterprise**

Helps individuals with developmental disabilities live more independently and participate in community life through supportive services.

237 East Sanilac | Sandusky, MI 48471

Call 810-648-0330

G Sanilac County Community Mental Health

#### DrugRehab.com

An informational resource offering guidance on substance use disorders, treatment options, recovery, mental health, and 24/7 support hotlines.

Call 855-520-2898

OrugRehab.com

#### **Elevate Speech & Language Therapy**

Private therapy practice offering speech and language services for children through adults, helping clients communicate with confidence.

3524 Arnold Road | Snover, MI 48472

Call 810-404-1220

Email elevatespeechlanguagetherapy@gmail.com

#### **Harbor Oaks Hospital**

A Joint Commission-accredited treatment center in New Baltimore offering detox, inpatient care, outpatient services, and dual diagnosis support for addiction and mental health.

35031 23 Mile Road | New Baltimore, MI 48047

Call 855-385-5654

• Harbor Oaks Hospital

#### **Henderson Speech Therapy**

Provides personalized speech therapy services in Sandusky to support communication development and confidence across all ages.

52 S. Elk Street, Suite 2 | Sandusky, MI 48471 Call 810-837-3499

#### **LEO Michigan Rehabilitation Services**

Helps individuals with disabilities prepare for, obtain, and maintain employment through personalized vocational rehabilitation services.

2887 Krafft Road | Port Huron, MI 48060

Call 877-620-7929

Email LEO-MRS-ESTRNReferrals@michigan.gov

13 Michigan Department of Labor and Economic Opportunity

#### continued



#### **Marlette Medication Connection**

Located inside Ehardt's Pharmacy at Ben's in Marlette, this program helps eligible individuals access affordable medications and support.

6541 Plaza Drive, Suite 1 | Marlette, MI 48453 Call 989-635-7777

G Ehardt's Pharmacy & Medical Supply (Located inside Bens in Marlette)

# McKenzie Substance Abuse Recovery Program

A McKenzie Health System program offering outpatient support and resources for individuals navigating substance use recovery.

120 Delaware Street | Sandusky, MI 48471 Call 810-648-9677

McKenzie Health System

#### Medicaid

A national program offering free or low-cost health coverage for eligible low-income individuals, families, and people with disabilities.

#### **Region VII Area Agency on Aging**

Helps older adults and their caregivers access support services that promote independence, health, and quality of life.

215 N. Elk Street | Sandusky, MI 48471 Call 810-648-4497

Region 7 Area Agency on Aging

#### **Sanilac County Community Mental Health**

Provides essential mental health services for Sanilac County residents living with serious mental illness, developmental disabilities, or autism—regardless of insurance status.

227 Sanilac Road | Sandusky, MI 48471 Call 810-648-0330

😚 Sanilac County Community Mental Health

#### continued



#### Sanilac County Health Department

Delivers public health programs, disease prevention services, and health education to improve quality of life for all Sanilac County residents.

171 Dawson Street | Sandusky, MI 48471 Call 810-648-4098

**6** Sanilac County Health Department

#### Talk of the Town

Offers speech, occupational, and physical therapy services for people of all ages, helping them communicate, move, and function with confidence.

79 N. Howard Avenue | Croswell, MI 48422

Call 810-334-1090

Email miranda@talkofthetownslp.net

Talk of The Town

#### **Thumb Community Health Partnership**

A regional collaboration working to improve health outcomes in Huron, Lapeer, Sanilac, and Tuscola Counties, with a focus on behavioral health and chronic disease.

Call 810-895-2918

Email ThumbHealth@gmail.com

**f** Thumb Community Health Partnership

#### **United Hospice Service**

A nonprofit hospice provider offering compassionate, personalized end-of-life care and 24/7 support to patients and families across Michigan's Thumb region.

3006 Main Street | Marlette, MI 48453

Call 989-635-4000

**(7)** United Hospice Service

#### **WISEWOMAN Program**

Free health screenings and lifestyle support for women aged 40–64, focused on preventing heart disease and promoting long-term wellness.

Call 844-446-8727

Email MDHHS-MIWISEWOMAN@michigan.gov

f Michigan Department of Health and Human Services

# Fun, Play, & Community Involvement

Explore local opportunities for recreation, family fun, and ways to get involved and build connections in your community.



#### **Camp Cavell**

A 55-acre lakeside camp in Lexington offering swimming, kayaking, archery, hiking, nature trails, and year-round outdoor fun for families and youth.

3335 Lakeshore Road | Lexington, MI 48450

Call 810-359-2267

Email office@campcavell.org

G Camp Cavell

#### **Delta Kids / Michigan Learning Channel**

WDCQ-TV, operated by Delta College, serves Michigan's Great Lakes Bay Region, Flint, and the Thumb area with PBS programming and award-winning local documentaries.

1961 Delta Road | University Center, MI 48671

Call 989-686-9346

Email laurensai@delta.edu

Delta Kids

#### **Girl Scouts of South Eastern Michigan**

Empowers girls through leadership-building experiences, camps, and community engagement—serving local youth through regional centers and programs.

Call 800-482-6734

Email communications@gssem.org

Girl Scouts of Southeastern Michigan - GSSEM

#### **Lions International**

Lions Clubs are local volunteer organizations committed to serving their communities through vision screenings, youth programs, disaster relief, and more.

Scan the QR code to start a search for your local club.

G Lions Clubs International

#### Sandusky VFW

A local Veterans of Foreign Wars post that supports veterans and hosts events to bring the community together.

850 S. Sandusky Road | Sandusky, MI 48471

Call 810-648-9003

😚 VFW Post 2945 Sandusky Mi.

# Fun, Play, & Community Involvement

continued



#### Sanilac County 4-H

Offers hands-on programs in agriculture, STEM, leadership, and more—helping youth learn, lead, and make a difference.

171 N. Dawson Street, Suite 323 | Sandusky, MI 48471 Call 810-648-2515

Email heidenma@msu.edu

Michigan State University Extension

#### **Sanilac County Hockey Association**

Provides youth and adult hockey programs and leagues to encourage teamwork, skill development, and a love for the game.

260 N. Dawson Street | Sandusky, MI 48471

Email sanilachockey@outlook.com

**6** Sanilac County Hockey Association

# Scouting America: Michigan Crossroads Council

Delivers character-building adventures and leadership training for youth ages 5–21 through local scouting programs and camps.

14258 Michigan Street | Eagle, MI 48822

Call 517-940-4210

**6** Scouting America

#### The ROCK Student Ministries

Youth group for 5th–12th grade students, hosted by Croswell Wesleyan Church, offering faith-based activities, mentorship, and fun.

41 W. Sanborn Avenue | Croswell, MI 48422

Call 810-679-3881

Email Info@croswellwesleyan.com

**17** The ROCK Student Ministries



# See something that needs changed or want to submit an additional resource?

Visit www.sanilacgreatstart.org/resources to let us know and we'll review your request.







